I want to go on a mission

But I need help for my flight expenses:

• **Ask family and friends** to donate in your name to CardioStart. Their donation can be tax deductible. *Just make sure they denote it is for you so our accountant is aware. They will receive a tax-deductible letter for their documentation.

• **Check with your employer.** Many hospitals and employers have foundations that fund employee volunteer opportunities. Ask physicians and staff you work with who believe in you and your work. Again, tax deductible.

• **Go Fund Me** or other donor platforms. Tell your story. Why do you want to go and what are your special circumstances.

• **Garage sale** (on site or Facebook). Got some stuff that doesn’t inspire you and bring you joy? Sell it and the funds to get you on the mission will bring you memories you will forever appreciate.

• **Belong to a church?** Perhaps they have a fund or would allow you to do “the ask,” during a service or in the weekly program. Again. Tell your story. We can give you some photos to help. People are more likely to donate to someone they personally know who is doing good work.